

# Untitled

Current run (last updated Aug 10, 2019 6:01pm)

23

Polls

14

Participants

13

Average responses



Average engagement

## Feedback on the trial design / objectives (physiological breech birth care vs standard care):

Perhaps difficulties on the availability of the specialist team and to ensure the same philosophy is being shared with the women - how will this be monitored? However I feel it will address the requirements of the need for specialists and experienced breech birth attendants.

It sounds really interesting, I would be interested to find out the results of the trial.

Seems a good design. Supportive, ethical and reasonable.

While I understand the rationale for RCT, don't forget the effects of feeling safe, secure and in control on labour hormones. Your decline rates may lend bias to how your research is accepted, like with the ARRIVE trial.

Relatable to real life practice.

### Responses

Excellent idea. I wonder whether it would be equally beneficial to do a secondary data collection from a qual perspective to look at women's experiences of the process as it can be very impactful for future change. Women's experience is at the centre and it may also inform the larger Rct.

An exciting opportunity to develop clinicians knowledge and understanding.

An exciting opportunity to develop clinicians knowledge and understanding of breech birth.?

Relatable to real life practice,

Perhaps difficulties on the availability of the specialist team and to ensure the same philosophy is being shared with the women - how will this be monitored? However I feel it will address the requirements of the need for specialists and experienced breech birth attendants

While I understand the rationale for RCT, don't forget the effects of feeling safe, secure and in control on labour hormones. Your decline rates may lend bias to how your research is accepted, like with the ARRIVE trial.

supportive, ethical and reasonable

Good to compare care as standard as this is what women are likely to have across the country

It sounds really interesting. I would be interested to find out the results of the trial.

Seems a good design



Engagement

10

Responses

## What barriers / challenges do you see to the success of this trial?

Women accepting standardised care

As long as there is a team involved who are willing to participate and support women in their choices, I think it will not be an issue. However, if there is limited staff out can be a limitation. Taking place in London would be good as there are more varying demographics which would be beneficial. I also think it would be good to look at mental health throughout women's participation and look at their positive outlook on life as it helps physiological process. Just thoughts :D

Trust participation may be a concern. Will they will be willing to implement the study if it will result in additional training for staff, potentially?

As previously stated in question one

I think it will be difficult to ensure there is 24/7 cover for the specialist team on a larger scale. I would be interested to know how successful it is and how feasible it would be to roll

### Responses

Trust participation may be a concern. Will they will be willing to implement the study if it will result in additional training for staff, potentially?

As long as there is a team involved who are willing to participate and support women in their choices, I think it will not be an issue. However, if there is limited staff out can be a limitation. Taking place in London would be good as there are more varying demographics which would be beneficial. I also think it would be good to look at mental health throughout women's participation and look at their positive outlook on life as it helps physiological process. Just thoughts :D

As previously stated in question one

I think it will be difficult to ensure there is 24/7 cover for the specialist team on a larger scale. I would be interested to know how successful it is and how feasible it would be to roll out on a larger scale.

Women accepting standardised care



Engagement

5

Responses

### How would you suggest we address these barriers / challenges to improve the changes of success?

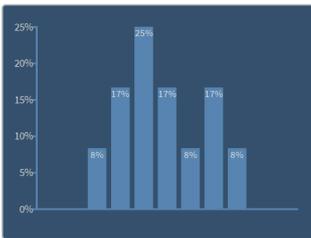


Responses

- I think I covered this :) but promotion of the benefits of physiological breech births is a must
- Lots of information available for Trusts and potential participants
- Enough specialists to cover the 24/7 need for this service – maybe a test on scenarios to check the specialist team all answer the same and any differences in answers addressed
- I have no suggestions for how this could be improved.
- I presume will become a multi site study of funding inappropriate to replicate more rural communities
- Not sure there is an answer to this

43% Engagement  
6 Responses

### If we invite 10 women to participate in this trial, how many do you think will consent?



Response options

Response options	Count	Percentage
0	0	0%
1	0	0%
2	1	8%
3	2	17%
4	3	25%
5	2	17%
6	1	8%
7	2	17%
8	1	8%
9	0	0%
10	0	0%

86% Engagement  
12 Responses

In the breech birth you are attending, the mother is kneeling, holding on to the raised back of the hospital bed. The fetal legs are born at the end of a contraction with good tone, and there is a pause as the birthing mother catches her breath. She appears agitated, but there is no contraction. She asks you what she should do. You respond:

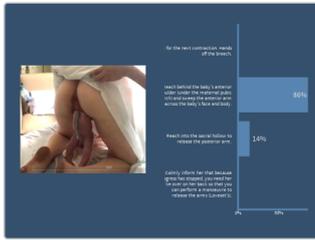


Response options

Response options	Correct	Count	Percentage
Take a deep breath. Wait for the next contraction, and your baby will be born.	✗	0	0%
Go with what you are feeling. Move your hips if it feels right. Just keep working your baby down. You are doing well.	✓	14	100%
Calmly inform her that because progress has stopped, you need her to lie over on her back so that you can perform a manoeuvre to release the arms (Loveset's).	✗	0	0%

100% Engagement  
14 Responses

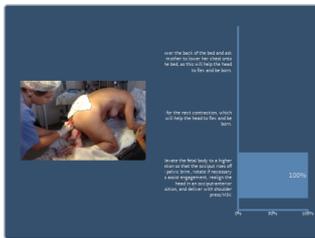
**In the same scenario, the mother begins actively pushing again, but after 30 seconds you have observed no progress. The baby is slightly oblique, with the sacrum pointing LSA and the baby facing slightly to your right. What should you do?**



Response options	Correct	Count	Percentage
Wait for the next contraction. Hands off the breech.	✗	0	0%
Reach behind the baby's anterior shoulder (under the maternal pubic arch) and sweep the anterior arm across the baby's face and body.	✓	12	86%
Reach into the sacral hollow to release the posterior arm.	✗	2	14%
Calmly inform her that because progress has stopped, you need her to lie over on her back so that you can perform a manoeuvre to release the arms (Loveset's).	✗	0	0%

100%  
Engagement  
14  
Responses

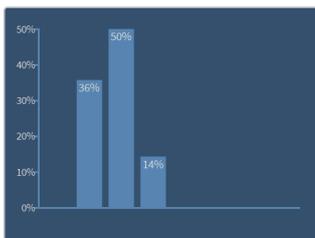
**After the arms are born, you do not see the chin. You reach a finger under the sacral space and discover that the head is extended at the pelvic inlet and has not engaged in the pelvis. What should you do?**



Response options	Correct	Count	Percentage
Lower the back of the bed and ask the mother to lower her chest onto the bed, as this will help the head to flex and be born.	✗	0	0%
Wait for the next contraction, which will help the head to flex and be born.	✗	0	0%
Elevate the fetal body to a higher station so that the occiput rises off the pelvic brim, rotate if necessary to assist engagement, realign the head in an occiput-anterior position, and deliver with shoulder press/MSV.	✓	14	100%

100%  
Engagement  
14  
Responses

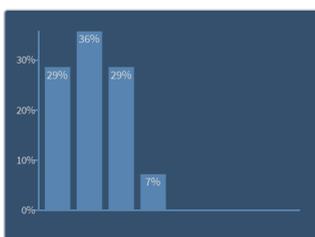
**I feel confident to manage breech deliveries with the woman in a supine birthing position as the lead care provider.**



Response options	Count	Percentage
strongly agree	0	0%
agree	5	36%
somewhat agree	7	50%
neutral	2	14%
somewhat disagree	0	0%
disagree	0	0%
strongly disagree	0	0%
I am not a Health Care Professional.	0	0%

100%  
Engagement  
14  
Responses

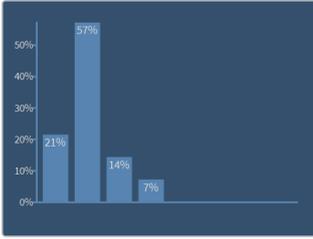
**I feel confident to facilitate breech births with the woman in an upright birthing position (kneeling, hands/knees, etc.) as the lead care provider.**



Response options	Count	Percentage
strongly agree	4	29%
agree	5	36%
somewhat agree	4	29%
neutral	1	7%
somewhat disagree	0	0%
disagree	0	0%
strongly disagree	0	0%
I am not a Health Care Professional.	0	0%

100%  
Engagement  
14  
Responses

**I would feel confident to manage a breech delivery with the woman in a supine birthing position with support from an obstetrician experienced in physiological breech birth.**

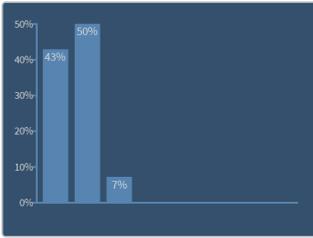


Response options	Count	Percentage
strongly agree	3	21%
<b>agree</b>	<b>8</b>	<b>57%</b>
somewhat agree	2	14%
neutral	1	7%
somewhat disagree	0	0%
disagree	0	0%
strongly disagree	0	0%
I am not a Health Care Professional.	0	0%

100%  
Engagement

**14**  
Responses

**I would feel confident to facilitate a breech birth with the woman in an upright birthing position with support from a midwife experienced in physiological breech birth.**

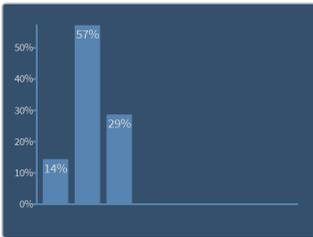


Response options	Count	Percentage
strongly agree	6	43%
<b>agree</b>	<b>7</b>	<b>50%</b>
somewhat agree	1	7%
neutral	0	0%
somewhat disagree	0	0%
disagree	0	0%
strongly disagree	0	0%
I am not a Health Care Professional.	0	0%

100%  
Engagement

**14**  
Responses

**I feel confident counselling women about the option of vaginal breech birth.**

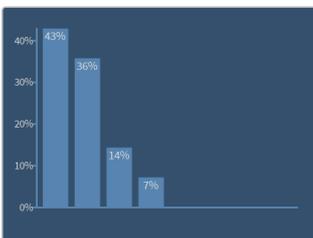


Response options	Count	Percentage
strongly agree	2	14%
<b>agree</b>	<b>8</b>	<b>57%</b>
somewhat agree	4	29%
neutral	0	0%
somewhat disagree	0	0%
disagree	0	0%
strongly disagree	0	0%
I am not a Health Care Professional.	0	0%

100%  
Engagement

**14**  
Responses

**I would be willing to be on-call occasionally in order to gain experience in physiological breech births.**

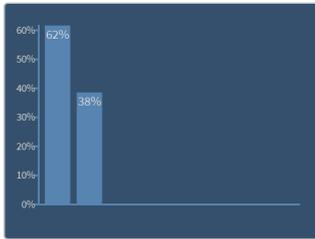


Response options	Count	Percentage
<b>strongly agree</b>	<b>6</b>	<b>43%</b>
agree	5	36%
somewhat agree	2	14%
neutral	1	7%
somewhat disagree	0	0%
disagree	0	0%
strongly disagree	0	0%
I am not a Health Care Professional.	0	0%

100%  
Engagement

**14**  
Responses

**Physiological breech birth methods are likely to increase the safety of vaginal breech births.**

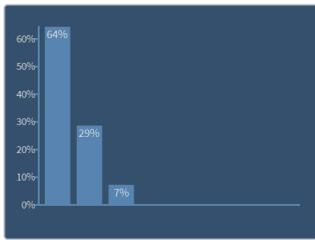


Response options	Count	Percentage
<b>strongly agree</b>	<b>8</b>	<b>62%</b>
agree	5	38%
somewhat agree	0	0%
neutral	0	0%
somewhat disagree	0	0%
disagree	0	0%
strongly disagree	0	0%
I am not a Health Care Professional.	0	0%

93%  
Engagement

13  
Responses

**Physiological breech birth methods are likely to increase the satisfaction levels of women who plan a vaginal breech birth.**

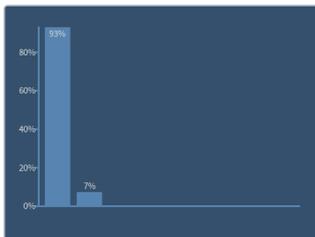


Response options	Count	Percentage
<b>strongly agree</b>	<b>9</b>	<b>64%</b>
agree	4	29%
somewhat agree	1	7%
neutral	0	0%
somewhat disagree	0	0%
disagree	0	0%
strongly disagree	0	0%
I am not a Health Care Professional.	0	0%

100%  
Engagement

14  
Responses

**A physiological breech birth service, led by a specialist obstetrician and a specialist midwife, would improve women's access to the choice of vaginal breech birth in my unit.**

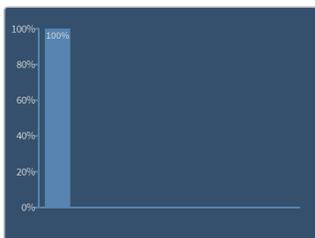


Response options	Count	Percentage
<b>strongly agree</b>	<b>13</b>	<b>93%</b>
agree	1	7%
somewhat agree	0	0%
neutral	0	0%
somewhat disagree	0	0%
disagree	0	0%
strongly disagree	0	0%
I am not a Health Care Professional.	0	0%

100%  
Engagement

14  
Responses

**A physiological breech birth service, led by a specialist obstetrician and a specialist midwife, would improve training opportunities for obstetricians and midwives in my unit.**

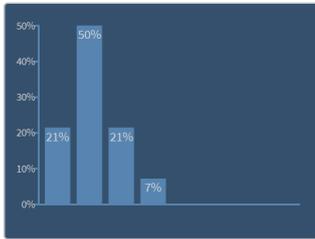


Response options	Count	Percentage
<b>strongly agree</b>	<b>14</b>	<b>100%</b>
agree	0	0%
somewhat agree	0	0%
neutral	0	0%
somewhat disagree	0	0%
disagree	0	0%
strongly disagree	0	0%
I am not a Health Care Professional.	0	0%

100%  
Engagement

14  
Responses

### I feel physiological breech birth is likely to become a normal part of my practice.

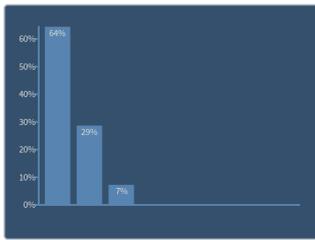


Response options	Count	Percentage
strongly agree	3	21%
<b>agree</b>	7	<b>50%</b>
somewhat agree	3	21%
neutral	1	7%
somewhat disagree	0	0%
disagree	0	0%
strongly disagree	0	0%
I am not a Health Care Professional.	0	0%

100%  
Engagement

14  
Responses

### I am open to working in new ways with colleagues to incorporate physiological breech birth into our regular practice.

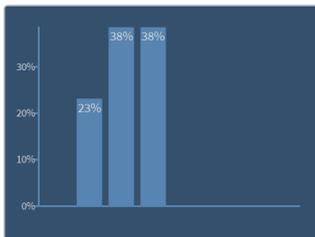


Response options	Count	Percentage
<b>strongly agree</b>	<b>9</b>	<b>64%</b>
agree	4	29%
somewhat agree	1	7%
neutral	0	0%
somewhat disagree	0	0%
disagree	0	0%
strongly disagree	0	0%
I am not a Health Care Professional.	0	0%

100%  
Engagement

14  
Responses

### There are key people in my organisation who can drive the implementation of physiological breech birth and get others involved.

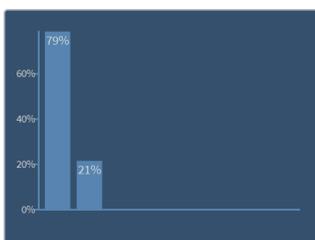


Response options	Count	Percentage
strongly agree	0	0%
agree	3	23%
<b>somewhat agree</b>	<b>5</b>	<b>38%</b>
<b>neutral</b>	<b>5</b>	<b>38%</b>
somewhat disagree	0	0%
disagree	0	0%
strongly disagree	0	0%
I am not a Health Care Professional.	0	0%

93%  
Engagement

13  
Responses

### I hope I get to attend a physiological breech birth sometime soon!

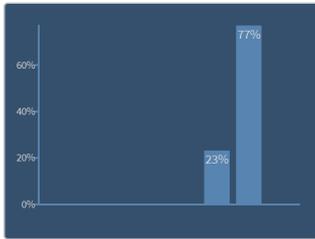


Response options	Count	Percentage
<b>strongly agree</b>	<b>11</b>	<b>79%</b>
agree	3	21%
somewhat agree	0	0%
neutral	0	0%
somewhat disagree	0	0%
disagree	0	0%
strongly disagree	0	0%
I am not a Health Care Professional.	0	0%

100%  
Engagement

14  
Responses

### I would really prefer not to attend a vaginal breech birth if I can avoid it.



Response options	Count	Percentage
strongly agree	0	0%
agree	0	0%
somewhat agree	0	0%
neutral	0	0%
somewhat disagree	0	0%
disagree	3	23%
strongly disagree	10	77%
I am not a Health Care Professional.	0	0%



Engagement

13

Responses

### Feedback on the study day -- What worked best for you? What can be improved?



Responses

- Thank you that was amazing. The resources are very good. You are clearly knowledgeable and enthusiastic and passionate about your role and you can see that it inspires others. Thank you
- This was a fantastic study day. Clear, informative and inspiring!
- This was an excellent study day. Clear, informative, inspiring, with good opportunity to practice new skills. Videos and pictures are excellent to enhance learning.
- Really enjoyed the day. Very interesting and informative regarding the physiology of vaginal breech birth, which has helped to normalise the concept and management for me as a 3rd year student midwife.
- Really good explanations and demonstrations with hands on training to simulate the manoeuvres required. All complications covered with evidenced based research to back this information. Very engaging and interesting and enhanced by Shawn's personal experiences – would definitely recommend!
- Opportunity to practice in both all fours and supine position manoeuvres
- I have really enjoyed the study day. I have found the session very interesting and felt it was delivered well. Shawn was great at delivering the content in a way that kept me engaged. I also feel practising the manoeuvres throughout the day was beneficial to learn and remember each new skill. Thankyou
- The study day was absolutely fantastic. It massively improved my confidence and knowledge in the normal mechanisms for vaginal breech birth and has made me excited to gain experience in this area. I will be recommending this study day to my friends and colleagues and hope to attend regularly in the future (if this study day is repeated).
- Really good study day, it has been really interesting to see how practice has developed since the last time I attended 7 years ago. I will definitely keep attending to maintain and advance knowledge
- more dolls and pelvis would give more goes of practising
- videos and pic backed up with practice of manoevers was fab
- wonderfully presented, engaging and honest- obviously very passionate which has helped to build my confidence



Engagement

12

Responses