

# Physiological Breech Birth Algorithm

by Shawn Walker RM PhD  
 Adapted June 2022 from original, published in  
 Reitter A, Halliday A, Walker S (2020, *Birth*)  
 with thanks to the OptiBreech Collective

MAXIMUM  
**7 mins**

## Rumping

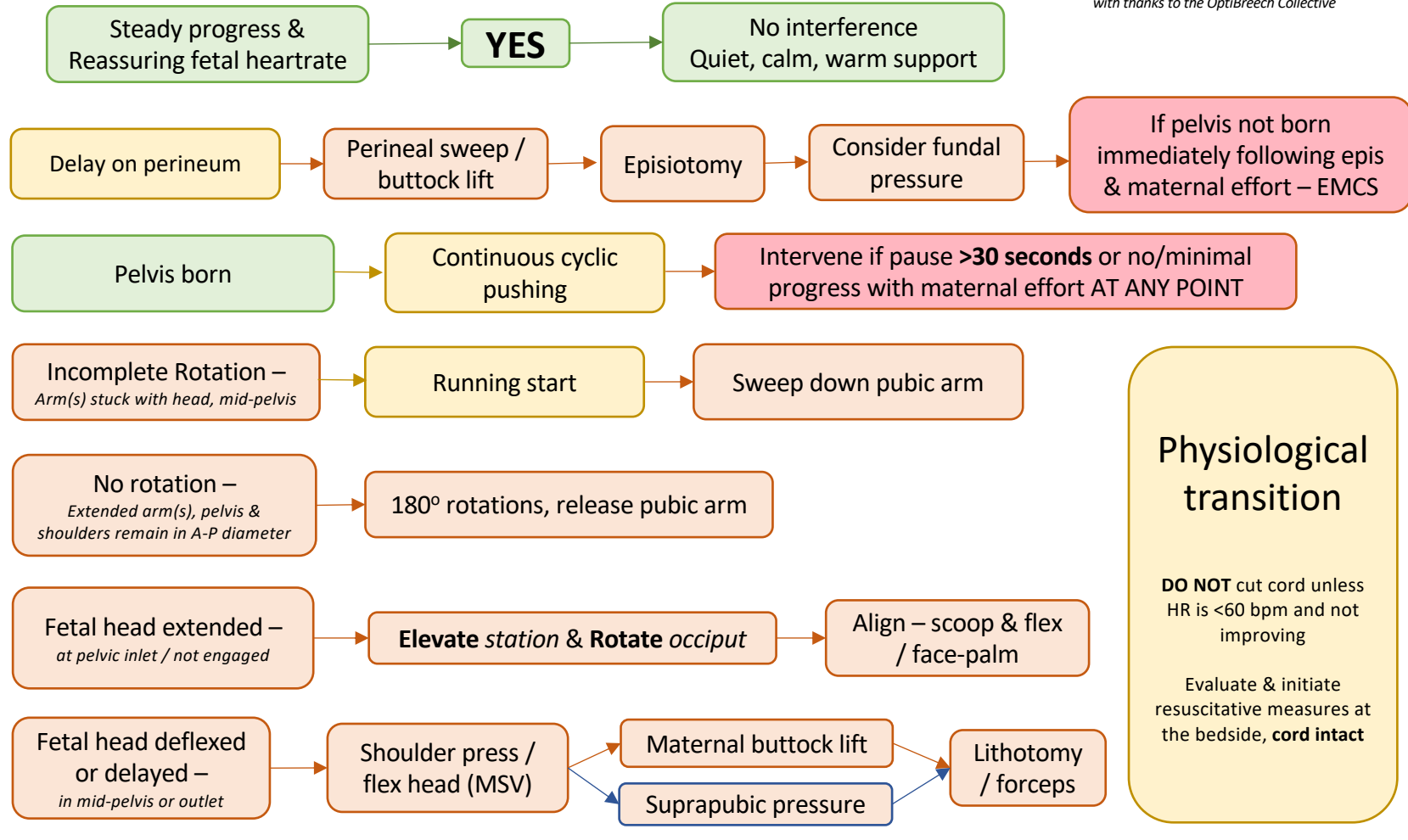
Both buttocks/anus remain visible on the perineum between contractions

< 5 minutes from birth of pelvis

<3 minutes from birth of umbilicus

If intervention used, continue to assist until birth complete

## Birth of the head



## Physiological transition

**DO NOT** cut cord unless  
 HR is <60 bpm and not  
 improving

Evaluate & initiate  
 resuscitative measures at  
 the bedside, **cord intact**